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MEDICAL EXECUTIVE COMMITTEE APPROVALS

Items approved at the last Medical Executive Committee meeting can be viewed by using this website link and selecting the particular month:

<https://www.torrancememorial.org/for-providers/medical-executive-committee/>

If you have any questions, please contact the Medical Staff Services Department at (310) 517-4616.

YOU ARE WARMLY INVITED TO A MEDICAL STAFF

Summer Social

TUESDAY, JUNE 25

from 6:00 pm to 9:00 pm



KING'S HARBOR YACHT CLUB

280 Yacht Club Way

Redondo Beach, CA 90277

Complimentary food and drinks

RSVP by Monday, June 17

(310) 517-4616

PLEASE WEAR YOUR TORRANCE MEMORIAL ID BADGE



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Sinai**



WATCH VIDEO



[IDDSI Success Story at TMMC](#)

READ MORE



[And the winner is](#)

PRODIGY AWARD RECIPIENT

Torrance Memorial won the **Prodigy Award** receiving first place nationally in the Transformer category from *Computrition*. This recognition celebrates our innovative efforts to enhance automation, boost efficiency, mitigate risks, and elevate satisfaction scores.

TMMC's **Food & Nutrition Services (nutrition clerks, clinical dietitians, cooks, etc)**, **Speech-language pathologists**, and **Clinical Informatics** share this honor for their exceptional implementation of the International Dysphagia Diet Standardization Initiative (**IDDSI**).

First Place winner received recognition Trophy and **\$500** donation to charity of choice (**donated to ED Expansion Fund!**)



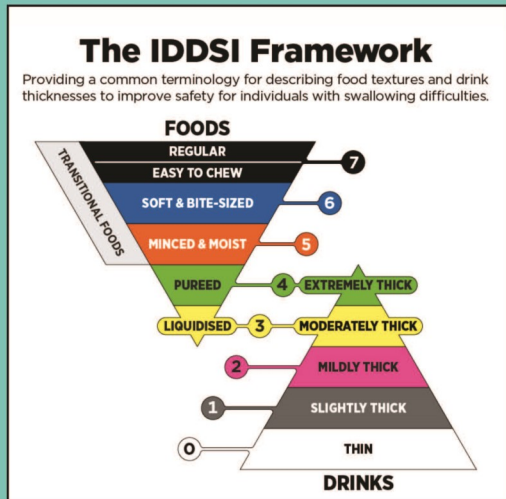
RECOGNIZED FOR

- ✓ Promoting Patient Safety
- ✓ Standardization and Process Improvement
- ✓ Leveraging Technology
- ✓ Teamwork & Networking



IDDSI

The International Dysphagia Diet Standardization Initiative (IDDSI) is the Gold Standard for labeling texture-modified foods and thickened liquids, ensuring patient safety. Consistency of liquids must be included with all dysphagia diets. Refer to the TMMC Diet Manual for further details regarding texture modified diets.



DIETS

- 7 Dysphagia Regular Easy to Chew**
 - Normal everyday foods of soft/tender texture. Easily bitten into. No hard, chewy, or fibrous foods.
- 6 Dysphagia Soft & Bite Sized**
 - Bite size pieces of food no bigger than 1.5 cm x 1.5 cm. Soft, tender, and moist. No dry bread or sticky rice.
- 5 Dysphagia Minced & Moist**
 - Soft and moist, lumps of 4 mm in size. Food easily mashed with a fork. No dry bread or sticky rice.
- 4 Dysphagia Pureed**
 - Smooth, strained, pureed foods; no coarse textures or lumps. Holds shape on spoon/plate.
- 3 Dysphagia Liquidised**
 - Liquids only diet and all liquids provided will be moderately thick (honey-thick). Eaten with a spoon or drunk from a cup.

LIQUIDS

- 3 Moderately Thick Liquids**
 - Pudding-like consistency Eaten with a spoon or drunk from a cup.
- 2 Mildly Thick Liquids**
 - Thicker liquids, nectar consistency. Sippable from a cup.
- 0 Thin Liquids**
 - Fluids consistency similar to water

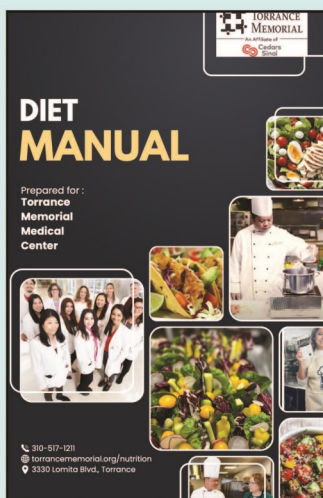


QUESTIONS?

CONTACT: NUTRITION OFFICE, EXT. 22235
CLINICAL DIETITIAN TEAM, EXT. 21978
DIRECTOR OF CLINICAL NUTRITION, EXT. 27540

TMMC Diet Manual

The **Diet Manual** is a comprehensive reference guide for physicians, nurses, and other healthcare team members.



Wet/Dry Diet	Intensive Care Patient Diet/Menu	Description of TMMC Diet Types	Level	Texture	Color	Temp
Wet/Dry Diet	Intensive Care Patient Diet/Menu	Wet/Dry Diet: Soft, moist, tender, easy to chew. No hard, fibrous, or sticky foods. No nuts, seeds, or popcorn. No fried, greasy, or fatty foods. No alcohol, caffeine, or carbonated beverages. No hot or very hot foods. No very cold or frozen foods. No hard, crunchy, or sticky foods. No dry, crumbly, or flaky foods. No hard, chewy, or fibrous foods. No hard, sticky, or gummy foods. No hard, crunchy, or sticky foods. No hard, chewy, or fibrous foods. No hard, sticky, or gummy foods.	7	Regular	Any	Any
Wet/Dry Diet	Intensive Care Patient Diet/Menu	Soft & Bite-Sized: Bite-sized pieces of soft, tender, and moist food. No hard, fibrous, or sticky foods. No nuts, seeds, or popcorn. No fried, greasy, or fatty foods. No alcohol, caffeine, or carbonated beverages. No hot or very hot foods. No very cold or frozen foods. No hard, crunchy, or sticky foods. No hard, chewy, or fibrous foods. No hard, sticky, or gummy foods.	6	Soft & Bite-Sized	Any	Any
Wet/Dry Diet	Intensive Care Patient Diet/Menu	Minced & Moist: Soft and moist, lumps of 4 mm in size. Food easily mashed with a fork. No dry bread or sticky rice. No hard, fibrous, or sticky foods. No nuts, seeds, or popcorn. No fried, greasy, or fatty foods. No alcohol, caffeine, or carbonated beverages. No hot or very hot foods. No very cold or frozen foods. No hard, crunchy, or sticky foods. No hard, chewy, or fibrous foods. No hard, sticky, or gummy foods.	5	Minced & Moist	Any	Any
Wet/Dry Diet	Intensive Care Patient Diet/Menu	Pureed: Smooth, strained, pureed foods; no coarse textures or lumps. Holds shape on spoon/plate. No hard, fibrous, or sticky foods. No nuts, seeds, or popcorn. No fried, greasy, or fatty foods. No alcohol, caffeine, or carbonated beverages. No hot or very hot foods. No very cold or frozen foods. No hard, crunchy, or sticky foods. No hard, chewy, or fibrous foods. No hard, sticky, or gummy foods.	4	Pureed	Any	Any
Wet/Dry Diet	Intensive Care Patient Diet/Menu	Liquidised: Moderately thick (honey-thick) liquids only diet and all liquids provided. Eaten with a spoon or drunk from a cup. No hard, fibrous, or sticky foods. No nuts, seeds, or popcorn. No fried, greasy, or fatty foods. No alcohol, caffeine, or carbonated beverages. No hot or very hot foods. No very cold or frozen foods. No hard, crunchy, or sticky foods. No hard, chewy, or fibrous foods. No hard, sticky, or gummy foods.	3	Liquidised	Any	Any
Wet/Dry Diet	Intensive Care Patient Diet/Menu	Mildly Thick: Thicker liquids, nectar consistency. Sippable from a cup. No hard, fibrous, or sticky foods. No nuts, seeds, or popcorn. No fried, greasy, or fatty foods. No alcohol, caffeine, or carbonated beverages. No hot or very hot foods. No very cold or frozen foods. No hard, crunchy, or sticky foods. No hard, chewy, or fibrous foods. No hard, sticky, or gummy foods.	2	Mildly Thick	Any	Any
Wet/Dry Diet	Intensive Care Patient Diet/Menu	Thin: Fluids consistency similar to water. No hard, fibrous, or sticky foods. No nuts, seeds, or popcorn. No fried, greasy, or fatty foods. No alcohol, caffeine, or carbonated beverages. No hot or very hot foods. No very cold or frozen foods. No hard, crunchy, or sticky foods. No hard, chewy, or fibrous foods. No hard, sticky, or gummy foods.	0	Thin	Any	Any

Includes:

- Detailed listing of TMMC diet types with descriptions and nutrient totals.
- List of allowed and restricted foods.
- **Link to printable education materials for patients.**
- Sample Menus to aid in understanding each diet type.
- Menu Analysis based on Dietary Reference Intakes (DRIs).



Check out the TMMC Diet Manual located on:
TMI -> Clinical Apps -> Nutrition Care Manuals -> Torrance Memorial Diet Manual



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Food and
Nutrition Services

Medical Nutrition Therapy Program

Visit with a nutrition expert

Medical Nutrition Therapy (MNT) is a therapeutic approach to treating medical conditions and their associated symptoms using a specifically tailored diet devised and monitored by a registered dietitian nutritionist (RDN). A physician's referral/order is required prior to scheduling a first appointment with an RDN.



Medical nutrition therapists and educators at Torrance Memorial Medical Center are RDNs with years of experience providing credible and reliable nutrition information.

The program treats and provides support for conditions such as:

- Diabetes (Type 1 and Type 2)
- Gestational diabetes
- Cancer
- Kidney disease
- Celiac disease
- Congestive heart failure
- Hyperlipidemia/hypertension
- Bariatric surgery/morbid obesity
- Nutrition support
- Failure to thrive (pediatric and adult)
- Irritable bowel disease
- Disease prevention
- Various other conditions



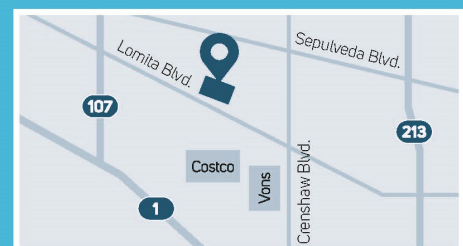
For more information or to make an appointment, call 310-891-6707 or visit [TorranceMemorial.org/nutrition](https://www.torrancememorial.org/nutrition).



MNT services are available by physician referral only to treat specific health conditions and illnesses. Many MNT services are covered by insurance.



Torrance Memorial Specialty Center
2841 Lomita Boulevard, Suite 335
Torrance, CA 90505





Medical Nutrition Therapy (MNT) Referral Form

Torrance Memorial Specialty Center

2841 Lomita Boulevard, Suite 335, Torrance, CA 90505

Monday – Friday, 9 am – 5 pm

Fax: 310-326-6022

Phone: 310-891-6707

Fax this form (including latest lab results, history and physical, and copy of patient's insurance card) to 310-326-6022.

Patient: _____ DOB: _____ Phone: _____

Do not use this form for diabetes. If the diagnosis is diabetes, use the Diabetes Education Referral Form.

Diagnosis (check all that apply)

- | | |
|--|--|
| <input type="checkbox"/> Abnormal fasting glucose (pre-diabetes) | <input type="checkbox"/> Hypertension |
| <input type="checkbox"/> Impaired glucose tolerance | <input type="checkbox"/> Obesity |
| <input type="checkbox"/> Chronic kidney disease (CKD) – specify CKD stage:
<input type="checkbox"/> Stage 1 <input type="checkbox"/> Stage 2 <input type="checkbox"/> Stage 3 <input type="checkbox"/> Stage 4 <input type="checkbox"/> Stage 5 | <input type="checkbox"/> Cancer |
| <input type="checkbox"/> Kidney transplant status | <input type="checkbox"/> Other (<i>non-diabetes diagnosis – if the diagnosis is diabetes, use the Diabetes Education Referral Form</i>):

_____ |
| <input type="checkbox"/> Hyperlipidemia | |

Coverage

Insurance coverage for MNT varies. Please check with your insurance provider to determine benefits.

For Medicare Part B participants ONLY (non-dialysis CKD) – coverage for MNT includes the following:

- First calendar year = up to three hours
- Every year after = up to two hours
- Additional hours may be requested if physician determines there is a change in medical condition, diagnosis or treatment regimen that requires a change in MNT. A new referral is required.

Physician order for Medical Nutrition Therapy

Physician signature: _____ Dictation #: _____ Date: _____

Physician name (print): _____ Fax: _____ Phone: _____

Medical Nutrition Therapy physician order

Women's Heart Symposium - September 6



Lundquist Lurie
Cardiovascular
Institute



Save the date:
September 6

Torrance Memorial Women's Heart Symposium 2024

For Physicians and Healthcare Professionals Only

**To Support the Vision of the
Lundquist Lurie Cardiovascular Institute**

Friday, September 6

Breakfast/Registration: 7 am to 7:45 am

Conference: 8 am to 12:30 pm

Torrance Memorial Hoffman Health Conference Center

3315 Medical Center Drive, Torrance, CA 90505

Conference will be also available virtually.

Zoom details provided in registration confirmation.

STATEMENT OF NEED: Cardiovascular disease remains the leading cause of death in women in the United States. One in three women will die from cardiovascular diseases each year and in some racial or ethnic minorities the death rate is even higher. The Torrance Memorial Women's Heart Symposium will be a half-day professional conference focused on promoting comprehensive understanding of heart disease in women. Topics will include risk factors, prevention, clinical presentation, treatments and outcomes of cardiovascular disease in women, health issues during pregnancy and the increased risk for developing cardiovascular disease and maternal death.

TARGET AUDIENCE: Cardiologists, internists, family practitioners, endocrinologists, cardiac surgeons, OB/GYN, electrophysiologists, emergency physicians, nurses and other healthcare professionals.

EDUCATIONAL OBJECTIVES: Upon completion of this program participants should be able to:

- Educate health care providers on gender-approaches in prevention, diagnosis and treatment
- Increase awareness of cultural disparities associated with cardiovascular disease risk, including ethnicity, age and gender
- Learn about cardio-oncology treatments and therapies for patients before, during and after cancer treatments
- Educate healthcare providers on the latest diagnostic tools and therapeutic options, including Mitral valve repair

FEES:

Torrance Memorial, Cedars-Sinai, Huntington Health Physicians, Nurses and Employees - \$50

Non- Torrance Memorial and Cedars-Sinai Health System Physicians, Nurses and Employees - \$75

Fees include lectures, continental breakfast, snacks and syllabus. Pre-registration is required.

A full refund will be given if this activity is cancelled. No refund will be given if participant cancels within 48 hours of the activity.

To register visit our website at <http://TorranceMemorial.org/womensheartsymposium> or call 310-891-6726. For more details please visit our website.

SPEAKERS

Brenton Bauer, MD - Torrance Memorial
Risk Factor Evaluation: Beyond the Lipid Panel

Nadia J Curran, MD - Torrance Memorial
Hormones & Cardiovascular Disease

Michelle Kittleson, MD - Cedars-Sinai
Updates in HFpEF

Chris Matchison, MD - Torrance Memorial
Introduction to the Cardiogenic Shock Program

Matthew Ostrom, MD - Torrance Memorial
Palpitations and the Utility of At-Home Rhythm Monitors

Karol Watson, MD - UCLA
CVD Prevention

Janet Wei, MD - Cedars-Sinai
Evaluation of INOCA/MINOCA

Cynthia Williams, MD - Torrance Memorial
Diabetes & Cardiovascular Disease



Endorsed by the American
College of Cardiology



California
CHAPTER

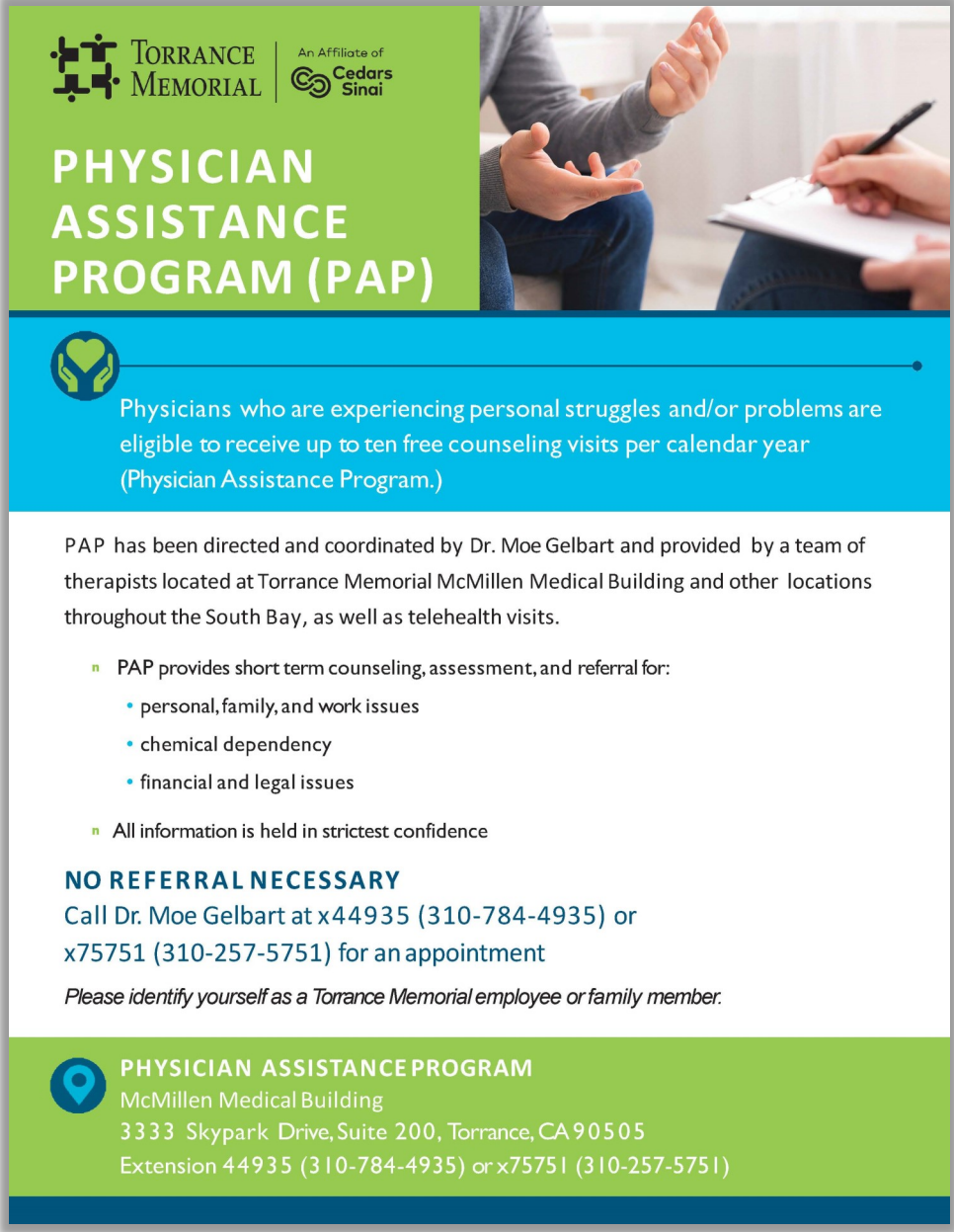


Torrance Memorial Medical Center is accredited by the Accreditation Council for Continuing Medical Education/ California Medical Association (ACCME/CMA) to provide continuing medical education for physicians..

Torrance Memorial Medical Center designates this live activity for a maximum of 4.5 AMA PRA Category I Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Provider approved by the California Board of Registered Nursing, Provider Number 300, for 4.5 contact hours.

MEDICAL STAFF ASSISTANCE PROGRAM



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PHYSICIAN ASSISTANCE PROGRAM (PAP)

 Physicians who are experiencing personal struggles and/or problems are eligible to receive up to ten free counseling visits per calendar year (Physician Assistance Program.)

PAP has been directed and coordinated by Dr. Moe Gelbart and provided by a team of therapists located at Torrance Memorial McMillen Medical Building and other locations throughout the South Bay, as well as telehealth visits.

- PAP provides short term counseling, assessment, and referral for:
 - personal, family, and work issues
 - chemical dependency
 - financial and legal issues
- All information is held in strictest confidence

NO REFERRAL NECESSARY
Call Dr. Moe Gelbart at x44935 (310-784-4935) or x75751 (310-257-5751) for an appointment
Please identify yourself as a Torrance Memorial employee or family member.

PHYSICIAN ASSISTANCE PROGRAM
McMillen Medical Building
3333 Skypark Drive, Suite 200, Torrance, CA 90505
Extension 44935 (310-784-4935) or x75751 (310-257-5751)

Eligible Medical Staff members may self-refer to the Program by calling **GELBART AND ASSOCIATES** at **(310) 257-5751**. Inquiries will be held in strictest confidence.

Self-referrals are limited to up to ten (10) visits to program counselors. The program counselor may immediately refer clients to a qualified professional in the community for continued care after an initial assessment, if the counselor determines that more than ten (10) visits are necessary.

Torrance Memorial Medical Staff provides members of the Medical Staff with professional and confidential assistance through a Medical Staff Assistance Program (MSAP) at no cost to members for ten (10) crisis and intervention visits per calendar year. This service proves members with a constructive way to deal with personal problems which may be affecting behavior and clinical performance. It is the belief that dealing with these problems preemptively may alleviate issues related to clinical performance, clinical privileges and/or membership. However, member involvement in this or any other rehabilitation program does not excuse or limit the obligation of members to meet Torrance Memorial Medical Staff’s Bylaws, Rules and Regulations and polices/procedures or standards.

SUPPORT OUR STAFF



Support Our Staff

- Need to talk through a difficult situation you have encountered? A case that is bothering you? Or perhaps a personal issue that has been difficult to process? **Help is only a call away!**
- The **S.O.S.** team is comprised of volunteers trained in critical incident stress management who will provide you with a “safe zone” to express thoughts and reactions to enhance coping.

Common reactions to a stressful life event include:

Physical Symptoms	Psychological Symptoms
<ul style="list-style-type: none">• Sleep disturbance• Difficulty concentrating• Fatigue	<ul style="list-style-type: none">• Fear• Grief• Depression• Self-doubt• Extreme sadness

- You’ve cared for our patients and community, now let us care for you! S.O.S. is confidential, FREE, and available 24/7.

Simply call 310-997-7444 or x79100 and leave a message (you will be called back within 24 hours)



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Alternatively, you may contact:

DR. ZACHARY GRAY zachary.gray@tmmc.com at 310-869-3713 or

LAYNE KELLEY at layne.kelley@tmmc.com or 310-517-4719

to request S.O.S.



HELP IS ONLY A CALL AWAY!



Staff and Physicians must use this wireless network with any personal device

TorranceMemorial-Staff

1. Use your network credentials to authenticate and connect.
2. Once you have authenticated and connect, you will remain connected until you click "Forget This Network" in your device's Settings.
3. You should now use this new this network instead of the TMMC-Guest network.
4. Make sure you are on the TMMC campus before going through these instructions.



CUBAN CUISINE

Please join us for our upcoming hosted

Physician Luncheon

FRIDAY, JUNE 7

from 11am to 2pm

Sponsored by



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**Cedars
Sinai**

INDIAN CUISINE

Please join us for our upcoming hosted

Physician Luncheon

THURSDAY, JUNE 13

from 11am to 2pm

Sponsored by



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Medical Staff Calendar

June 2024



An Affiliate of
Cedars Sinai

Monday	Tuesday	Wednesday	Thursday	Friday
3 12:30p Cardiology Subcommittee	4 12:30p Infection P&T Committee	5 7:00a CV Review Conference	6 7:00a Breast Tumor Board 7:45a Gen Tumor Board 12:30p MSPi	7 7:00a Surgery Department 7:00a Thoracic Tumor Board
10 12:30p Credentials 12:30p Integrative Medicine 12:30p CME Committee	11 6:00p Medical Exec. Comm.	12 7:00a Anesthesia PI 7:00a CV Review Conference 12:30p C-Section Committee	13 7:00a Breast Tumor Board 7:00a Cardiac PI/M&M 7:45a GI Tumor Board 3:00p Medication Safety	14 7:00a Thoracic Tumor Board
17 7:30a IRB 12:00p Burn & Wound	18 12:30p EDIE Patient Care 12:30p Health Info Management	19 7:00a CV Review Conference 7:30a Cardiology PI	20 7:00a Breast Tumor Board 7:45a CNS Tumor Board 9:00a Emergency Department 12:30p Pediatric Department	21 7:00a Thoracic Tumor Board
24 12:30p Antibiotic Stewardship	25 12:30p OB/GYN Department 12:30p Utilization Management	26 7:00a CV Review Conference	27 7:00a Breast Tumor Board 7:45a GI Tumor Board 12:30p Stroke Committee 12:30p Credentials 5:00p Bariatric Surgery	28 7:00a General Surgery 7:00a Thoracic Tumor Board



CME CONFERENCES

Date: Wednesdays, 12:30 p.m.

Location: Hoffman Health Conference Center

Torrance Memorial Medical Center is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.

Torrance Memorial Medical Center designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For up-to-the-minute conference information call (310) 784-8776 or visit: http://www.torrancememorial.org/For_Physicians/Wednesday_CME_Conferences.aspx

June 5, 2024

No Conference

June 12, 2024

No Conference

June 19, 2024

No Conference

June 26, 2024

No Conference



Welcome New Practitioners



Cassidy Jung, PA
Physician Assistant
General Surgery
Torrance Surgical Alliance
21250 Hawthorne Blvd., Suite 430
Torrance, CA 90503
Phone: (310) 326-3066
Fax: (310) 326-3068



Ronald R. Siregar, MD
Family Medicine
Torrance Memorial Physician Network
824 E. Carson St., Suite 101
Carson, CA 90745
Phone: (310) 233-3203
Fax: (310) 549-7010



Brian D. Modena, MD
Allergy and Immunology
Modena Allergy and Asthma
23600 Telo Ave #130
Torrance, CA 90505
Phone: (310) 833-1334
Fax: (310) 833-0270



Alyssa J. Vasquez, PA
Physician Assistant
Emergency Department
Torrance Emergency Physicians, Inc.
3330 Lomita Blvd. - Emergency Dept.
Torrance, CA 90505
Phone: (310) 325-9110
Fax: (310) 784-3789



Samuel S. Nam, MD
Palliative Care, Hospice
Torrance Memorial Physician Network
2900 Lomita Blvd.
Torrance, CA 90505
Phone: (310) 784-4880
Fax: (424) 529-6575



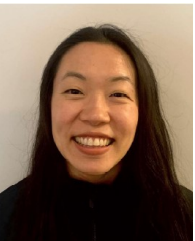
Israel Villanueva Jr., MD
Critical Care
Benchmark
898 N. Pacific Coast Hwy. Ste 600
El Segundo, CA 90245
Phone: (310) 698-5452
Fax: (310) 693-9850



Annahita Pourmand, MD
Hospitalist, Internal Medicine
Torrance Premier Health, Inc
3655 Lomita Blvd., Suite 312
Torrance, CA 90505
Phone: (310) 294-9444
Fax: (310) 857-6789



Derrick Yu, DO
Infectious Disease
ID Med Medical Group
23430 Hawthorne Blvd., Ste 200
Torrance, CA 90505
Phone: (310) 784-5880
Fax: (310) 325-3117



Linda Ratanaprasatporn, MD
Teleradiology
Vision Radiology
2825 Oak Lawn Ave, Unit 192749
Dallas, TX 75219
Phone: (510) 683-9500
Fax: (877) 880-2039



Lisa Ratanaprasatporn, MD
Teleradiology
Vision Radiology
2825 Oak Lawn Ave, Unit 192749
Dallas, TX 75219
Phone: (510) 683-9500
Fax: (877) 880-2039

Address Changes

Saroj Bharatiya, MD
Hospitalist, Internal Medicine
Torrance Premier Health
3655 Lomita Blvd Ste 312
Torrance, CA 90503
Phone: (310) 294-9444
Fax: (310) 857-6789

Resignations

Jonathan J. Eskenazi, MD
Teleneurology

Sheryl L. Lewin, MD
Plastic Surgery

Brianna Sugimoto, PA
Physician Assistant Neurology

Retirements

April L. Cherness, MD
Pediatrics



The Medical Staff Newsletter **ProgressNotes** is published monthly for the Medical Staff of Torrance Memorial Medical Center.

Oren Zaidel M.D.

Chief of Staff

Layne Kelley, MA, CPHQ, CPMSM

Director, Medical Staff Services & Performance Improvement

MONTHLY MEDICAL STAFF NEWSLETTER

Progress Notes



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